

# LAURENCE DESGAGNÉS

CIRCUS ARTIST | PHYSICAL THERAPIST

25 Chouinard, Pointe-Lebel, Qc, G0H 1N0

## CONTACT



418-378-7021



laurence.desgagnes@hotmail.fr



www.laurencedg.com

## EDUCATION

**2023** | Professionnal program in circus arts

École de cirque de Québec

**2018** | Master's degree in physical therapy

Université McGill (Extension UQAC)

## SPOKEN / WRITTEN LANGUAGES

French  
English

## PERFECTION

**2024** | Acrobatic research Intesive

Nicolas Germaine

**2022** | Break Danse Intesive

Emmanuelle Le Phan

**2022** | Musicals intensive

Joelle Turcotte

**2022** | Acrodanse intensive

Frédérique Hamel

**2020** | Clown intensive

Geneviève Kerouac

**2000-2014** | Classical ballet

Valentin Kostov / Académie de danse de Baie-Comeau

## DISCIPLINES

Aerial hoop  
Hula hoop  
Cyr wheel

## PERSONNAL INFOS

DOB : 1995-01-30  
Height : 1,67 m  
Weight : 59 kg

## WORK EXPERIENCE

---

2024 | Cirque Éloize | Hula hoop, aerial hoop

2024 | Montréal Complètement cirque | Hula hoop

2024 | Municipalité du Lac-Beauport | Hula hoop, Cyr wheel

2024 | Logisco | Hula hoop

2024 | Académie de danse Rive-Sud | Hula hoop, handbalancing, Cyr wheel

2023 | Dominic Lacasse Inc. | Hula hoop

2023 | L'Ami Junior | Hula hoop

2023 | Municipalité du Lac-Beauport | Aerial hoop

2023 | Châteaux de sable des Îles | Hula hoop

2023 | Festival de cirque des Îles | Hula hoop, aerial hoop, handbalancing

2023 | L'Abri de la Tempête | Aerial hoop

2023 | Gala Rideau for l'Aubergine | Aerial hoop, hand-to-hand

2022 | Municipalité du Lac-Beauport | Aerial hoop, handbalancing

2015-2022 | Les fous du roi | Street shows, corporate events, circus teaching

2019 – ongoing | Kinatex Sports physio | Physical therapist

## RELATED SKILLS

---

### Circus arts coaching

Commission scolaire des Rives-du-Saguenay | Aerials

Caravane coop | Aerial hoop

École de cirque des Îles | Various workshops

Private coaching | Aerials, safety in training, injury prevention

### Events organisation

Association des étudiants en physiothérapie McGill-UQAC | Various events

### Conferences

Injury prevention in circus arts

Motor development 0-5 years old